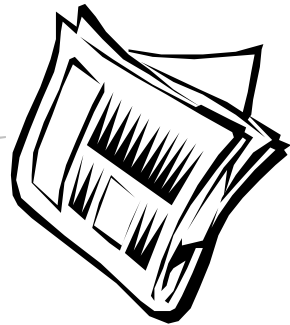


Rudston



Newsletter

February 2010



The above photograph was sent in by Kathryn Wastling.
It was taken by her son, Stephen Wastling, 23 Dec 2009.

This month's Newsletter is kindly sponsored by:

Clare Stephenson
Of Clare Care Pets Services



www.rudston.org.uk

Editor's Piece.

Hello and welcome to this month's Newsletter.

This edition is to be my last Newsletter. I have been the editor since September 2003. I think I have given it a fair run and I am now standing down. I have been assisted by Ken Cully, who proof read for me for the duration, and who spotted and corrected 99.99% of my spelling and grammar mistakes. Ken is joining me in 'retirement'.

If you wish to take on the challenge, or would like to give it a try, then contact Shirley Clark at Dunmilkin, Eastgate or any one of those associated with the Newsletter. I am quite prepared to give assistance and advice to help you through the first edition. You don't have to commit yourself long term - try it for a month and see if it's for you.

Basic word processing skills are all that are really needed, you will pick up the rest as you go on. You do need access to the Internet, as a lot of the articles are delivered via email. If you don't have any Desk-top Publishing Software, you can download a free version of Serif PagePlus, which is the programme I have used for the last three years.

Well, what a few weeks we have had with the snow, and with the promise of more on the way! Cars were abandoned at Boynton, unable to make it out in either direction; I even saw a police car stuck on Scarborough Road. I am sure we all remember those bad winters well; and the most memorable one for me was when I collected my newly born daughter and her mother from the Avenue Maternity Hospital, Bridlington in 1979. When I say it was 6 inches deep, I mean it was six inches deep! No fisherman's measures here. I don't know how that little Mini made it home, it must have been the extra weight that gave it more traction!

Finally, thank you all for reading my piece over the years; I hope it has been informative, and maybe a little entertaining as well.

Martin Frankish, Editor

Announcements



RSPCA Christmas Appeal

On behalf of the RSPCA, Kristy Wood would like to thank the few who donated to this good cause, and looks forward to an even better response this year. The RSPCA have a greater number of abandoned animals to care for now, and all help, no matter how small, is always appreciated.

YOGA CLASSES

Yoga classes will start again in the Village Hall on 10th February at 7.30 pm. This is one week later than originally planned.

Jane Crossley

Thank You

Catherine, Darren, and Emily Proudfoot (nee Jackson) would like to thank everyone who sent cards and gifts on the birth of their son Louie William, 21 December 2009. All are very much appreciated. Thank you.

Thank You Too

Thank you to all of those out there who have contributed to the Newsletter in any way, whether large or small, over the last seven years that I have been editor. There have been many changes in the Village over that time. Long-standing members of the community who are no longer with us, Grace Martin and Alan Stephenson are two who come to mind. The valiant battle against the Low Caythorpe Development - those who predicted that it would be all 'sold off' once plans were passed, were right. A lot of water under the bridge on Eastgate, and a few of Alan's ducks! I do hope that someone will step into my shoes and take on the role of editing the Newsletter.

Martin Frankish

Summary of Proposals for Rudston Village Centrica Fund

Following an earlier request inviting residents of Rudston village to propose ideas for utilising funds allocated by Centrica gas installation, the Parish Council now need your views on which proposal will best benefit the village. Please could you consider the list below and rank each in order of your preference with 1 being the most beneficial to 6 being the least beneficial. Please rank all proposals and return to Alison Starkey, the Swallows, Long Street. Thank you for your time.

- Installation of high speed wide area wireless mast to provide villages of Rudston and Boynton and surrounding areas with high speed wireless internet.
- Refurbishment of the children's playground with installation of new equipment and making good the surrounding Gypsey Race to provide attractive focal point for village.
- Provision of seating, displays and information about Rudston Church, monolith and local historical area. This will require some change and repair to the church.
- Installation of a multi use games area (MUGA) on the playing field, offering a wide range of activities on self-contained hard surface with covered seating area for spectators.
- Erection of bus shelter on High Street.
- Provision of secure IT suite at the Village Hall and IT equipment to produce the village newsletter

This form can also be downloaded from www.rudston.org.uk

Village Bingo

It doesn't seem two minutes ago since I was letting everyone know what had been raised through the Village Bingo last year and now we're here again. I've decided to show the amount of money raised a little differently this year so that people have a better understanding of what funds are raised and how they are spent.

Balance as at 13/1/09	£	9-69
Income from sale of bingo tickets	£	1551-60
	Subtotal	£1561-29
LESS		
Winnings paid out for games 336 to 348	£	520-00
Photocopying costs	£	23-85
	Subtotal	£1017-44
PROFIT GIVEN TO RUDSTON VILLAGE HALL	£	925-00
Balance as at 19/1/10	£	92-44

Thanks again go to the ladies who deliver the tickets each week, Anna Burgess, Lorna Moore, Judy Woods and Fiona Clark and also to everyone who has supported the bingo through the last year.

The amount of money raised during 2009 has fallen against previous years, and I am aware that our running costs will be more next year due to increased photocopying costs.

If anyone would like to help support the village bingo, and, in turn, the different groups within Rudston that benefit from the monies raised, please contact me on 420708. You don't even have to leave the comfort of your own home to join in as all tickets and numbers are delivered to your doorstep each week for just 10p per book per week. Also, any existing players can increase the number of books that they have if they would like to help a little bit more.

Once again, thanks for all your continued support.

Paula Beresford

A business
based on years of
experience



Lister
WINDOWS

Established in June 2009, Lister Windows Ltd has really taken off, especially after opening their new showroom on Quay Road in Bridlington. Customers have the opportunity to come see the quality of the Kömmerling windows and doors that we supply, so that they know what they are getting when they place an order.



We aren't a 'jack of all trades' company that manufactures and then fits its own windows. All our windows, doors and conservatories are manufactured by a specialist, a Secured by Design licence holder, who has been issued with Kitemark BS7412 for quality and BS7950 to vouch for security and durability against forced entry. A truly impressive product, one that you can trust.

Since Lister Windows achieved their Approved Installer Status for Freefoam fascias, soffits and guttering, which carry a 20 year warranty, direct from the manufacturer, they have seen a greater interest in the products, and as a result, an increase in orders.

For more information on any of our products, or to arrange a visit from Andy to discuss your requirements - call us on 01262 609991, or pop into the showroom at 114 Quay Road in Bridlington, across from Crown Buildings and the Town Hall.



Looking After You
And Your home

Secured by Design



Police Preferred Specification

Money Through The Generations

The impact of the economic downturn is having a disproportionate impact on the younger person, typically those between 18 and 25 who are struggling with the cost of tertiary education and house purchase.

The Cost Of Higher Education

The recession is having a significant effect on job prospects with younger people being hardest hit. The lack of employment opportunities for this age group is likely to mean that more students will enter higher education and a greater number will stay within the education system. This trend will have considerable financial implications. It is now estimated that students beginning university this year will leave with an average debt of £23,500, made up of large overdrafts, credit and store card balances and, of course, liabilities to the Student Loan Company. With ever increasing pressure on the public purse, this situation can only get worse. The financial press is reporting that the Government is contemplating a 20% cut in the higher education budget and one predicted effect of this, is that tuition fees will increase above the current cap (£3,225) or that students will be required to pay a 'top-up' fee. Students will therefore turn to the tried and tested method of raising extra cash - Mum and Dad, and to a lesser extent Grandparents. With unemployment rising, part time jobs may be scarce, putting even more pressure on family members to pay for the excesses (?) of our younger generation. Of course, this may come at a time when Mum and Dad are concerned about their own job security and less able to subsidise student offspring.

Right now, it is estimated that the cost of putting a son or daughter through university is £10,000 a year - £30,000 for the typical three year course – so it's too late to do anything for those with children now in the system. However, the lesson is clear for those with younger children and that message is save now to avoid problems later!

First House Purchase

With the recent reduction in property values (up to 20% locally over the last 24 months), arguably it may be a great time to buy a first home.

Historically, low interest rates might also suggest that there will never be a better time to buy, but ironically the credit crunch has reduced the availability of mortgage finance, especially for those with little or no deposit. Lenders are now expecting to see a larger deposit and are adopting a more European Model when it comes to assessing how much an individual may borrow. Rather than looking at strict multiples of income as an indication of how much may be offered, an affordability calculation is performed, which brings such things as existing liabilities, dependants and lifestyle into the equation. The net result is that lenders are likely to reduce any advance now available when compared to the situation some 24 months ago. In other words, a mortgage application is now more of a 'risk assessment' on the part of the lender. When you consider that the average cost of a house in the UK is now more than 7 X the average income, we can all see the size of the problem.

I would suggest that the combination of increasing student debt and the state of the housing market, especially as it relates to funding house purchase, means that it is now more difficult than ever for the younger generation to make that first step onto the housing ladder.

Clearly 'Bank of Mum & Dad' is coming under more and more pressure to provide financial assistance for offspring in an increasingly difficult economic climate. The message is that children, parents and grandparents must all start to save a little every month to begin to build up a lump sum for future financial aid. The longer it is anticipated before the money will be required, the less suitable banks and building society deposit accounts are. With very low saving rates we must turn to real assets if we are to provide any significant returns. Child Trust Funds, Children's Bonus Bonds, ISA's, Single Premium Investments and even Personal Pension Plans must be arranged effectively and reviewed regularly to ensure maximum growth with the greatest potential for the accumulation of a useable lump sum.

**Peter Slack – Cert PFS; Cert CII(MP); CeRER
Independent Financial Adviser**

Peter can be found at Alexander Calder Financial – 01262 601704

ALL SAINTS CHURCH SOCIAL COMMITTEE

A Big THANK YOU to the Bosville Arms for hosting the Christmas Coffee Morning which was well attended and raised £440 for Church Funds. Thanks also to those who donated raffle prizes and items to sell and for your support on the day.

Thanks to all those who helped to decorate the Church for Christmas and especially to Charlie Richardson for the gift of the lovely Christmas tree.

We now have more details about the:

SNOWDROP WALK at THORPE HALL

SATURDAY 20TH AND SUNDAY 21ST FEBRUARY

FROM 10 A.M. UNTIL 3.30 P.M.(LAST ENTRY TIME)

ALL WELCOME BUT NO DOGS PLEASE

WELLIES OR WALKING BOOTS ESSENTIAL

ADMISSION CHARGE:-

ADULTS - £2.50 CHILDREN UNDER 16 - £1.

All proceeds in aid of All Saints Church, Rudston.

There will be signs for parking etc., on the day. Please tell all your friends and relations to come and have a walk through the beautiful Snowdrops at Thorpe Hall and advertise this event as widely as possible please, as it is hoped that this will be our big fund raiser for the year, along with a Daffodil walk in the Spring. We are very grateful to Sir Ian and Lady Juliet for allowing us to enjoy the Snowdrops in the grounds of their home.

If anyone is able to help with this event, please let me know.

June Sellers, Social Secretary. 420237

BANTER FROM THE BOSVILLE.

Well it's 2010, and so far I am not impressed.

How would you like a 57% pay and pension rise? Sound good, read on. The only condition to this offer is that you have to be able to plunge the world economy into a global recession, scrounge millions of pounds from world governments, then, and only then, can you award yourself a 57% pay and pension rise, simple.

This is the latest news about that "Bunch of Bankers" who have cost the ordinary public millions.

Well what about that snow, we get a few inches of the stuff and the country grinds to a halt. No grit or salt left, Scarborough taking sand off the beach; what next, an army of pensioners with brushes and shovels to keep the roads clear? This sounds more like stuff that happens in a Third World country, not this bastion of civilisation.

Now for the Food News.

We have started a Sunday Carvery loyalty card, buy four weeks and get the 5th week free. Come into the Bosville for more info.

From 4th Feb, on Thursdays, between 6 – 8pm, all you can eat for £7.95 p/adult, £4.95 p/child (under 12), this is from the Chef's Choice Menu which will change weekly, so pop into the Bosville to keep up to date.

Valentines Menu

Sunday 14th Feb between 7 – 8-30 pm
Fabulous 3 courses, music by "Rev Ray Gentle Jazz", and a FREE bottle of wine, all for £39.95 per couple.

Music

One of Brides top bands "Castles Made of Sand" on Saturday 27th Feb, so if you like your music loud, come and see them for FREE.

One for the drinkers

Every Friday between 6 – 8 pm, £2.00 per pint and spirits.

Sports news

Doms A top of the league.

Doms B second in league.

Bosville Shooters Darts team joint top of the league.

Pool team, haven't got a clue.

See you all soon at the Bosville.

Alan



Clare Care

Daily Dog Walks

*Care of Dogs, Cats, Small Animals
and Birds in their own Homes*

Animal Sitting in your own Home

Pet Taxi Service

Goats & Horses catered for subject to their needs

FULLY INSURED ~ POLICE CHECK ~ REFERENCES

No entire dogs over 9 months, no unspeyed bitches

Contact Clare:

Tel:01262 420659 - Mob:07962 143697

Email: fizzminnie@googlemail.com



we aim to please



**YOUR POST OFFICE
IS NOW IN
RUDSTON VILLAGE HALL**

OPENING TIME REMAINS UNCHANGED

**THURSDAY
10.00 TO 12.00 HOURS**

**SERVICES AVAILABLE INCLUDE
BANKING
ROYAL MAIL SERVICES
PARCELFORCE SERVICES**

MVL (CAR TAX)

**MOBILE PHONE TOP-UPS
FINANCIAL SERVICES
FOREIGN CURRENCY
TRAVEL INSURANCE
BILL PAYMENTS
ELECTRIC AND GAS TOP-UPS**

IF YOU HAVE ANY QUERIES PLEASE CALL

**MARTON ROAD POST OFFICE
01262 674791**

THANK YOU FOR YOUR SUPPORT

Salt!

Salt, sodium, or whatever you like to call it is supposedly bad for you, especially for your blood pressure. I love the stuff, and as a result, I am now on medication to counter its effect. If you must salt your food, either during cooking, or on the plate, then try to use sea salt or rock salt, or some of the 'low salt' alternatives that have not been stripped of the minerals. The stuff you see in the supermarket shelves, on sale for 30p or 40p for a 500gm pack, is just the by-product that is left from mined salt, once all the minerals have been extracted. If you must use a sodium-based salt, then sea salt is probably your best option.

After reading yet another healthy-eating cookbook (I do like my food), I came across a product some of you may be familiar with, but it was unknown to me, it is called lemon salt or sour salt, and is made from the rind of citrus fruit . Come on now, I know lemons are bitter and sour, but salty? I will try anything once, well most things, so I popped down to the supermarket - not on the shelf - local health food store - not on the shelf, so I went on to the Internet to see what I could find.

After a bit of searching, I came upon a supplier through eBay, and promptly placed an order. When it arrived, I opened the packaging and had a sniff - smelled of lemons, which I don't mind, when it's on a meringue, but not on my fish and chips (cooked in sunflower oil, of course). But, I had a sprinkle and could not believe it, it smelled of lemons but with this amazing taste of salt, wow!

Apparently, the salty taste is connected to the citric acid, which citrus fruit have an abundance of.

Brilliant, I can now 'salt' my food without fear of the sodium causing me any further problems. I am not a dietician, but I understand that our bodies benefit from some of the minerals that can be found in sea salt. Sea salt contains about 80 mineral elements that the body needs. Some of these elements are needed in trace amounts. Unrefined sea salt is a better choice of salt than other types on the market. Table salt has been stripped of all its accompanying elements, and then has aluminium silicate added to keep it free flowing, so it does not provide any of the benefits that you get from sea salt.

Take notice of all the advice available about salt consumption, and give sour salt a try, you will be pleasantly surprised.

Sour salt is available through eBay, and is 99p for 50g. The supplier I used went by the user name of dragon*spice.

Editor

VILLAGE HALL

We would like to thank everyone who supported the slide show given by Robert Child. Robert is an excellent photographer and we were shown slides taken in many different countries, all of which were superb. The evening ended with a buffet supper, which was enjoyed by all.

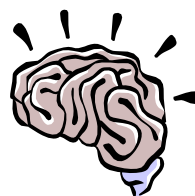
RUDSTON VILLAGE HALL ANNUAL GENERAL MEETING

The Rudston Village Hall annual general meeting will take place Monday 8th March 2010, at 7-30 pm in the Village Hall. Everyone over the age of 18 years in the parish of Rudston is welcome to attend this meeting. The hall is a wonderful asset to the village so please do come along to this meeting and offer your support.

Shirley Clark.

This Quiz Will Drive You Bananas!

- 1 What is the main threat to the banana?
- 2 Which influential body was named as a threat to the future of the curved banana?
- 3 Where did the first bananas come from?
- 4 What kind of plant do they grow on?
- 5 What spice is it related to?
- 6 From which language do we get the word "banana"?
- 7 What is unusual about its cultivation?
- 8 Where should you never store bananas?
- 9 According to scientists, how long will it be before they die out?
- 10 A film by which comedy act, features (in this order): an accident with a banana skin, a pie delivery van, and a street brawl?



Answers

No Peeking Now!

10, Laurel and Hardy

Each banana is effectively a clone, 8, Refrigerator, 9, Believe it or not, 10 years!
1, Disease, 2, The EU, 3, South-east Asia, 4, Herb, 5, Cardamom, 6, Arabic, 7,

Church News



Vicar: Rev Glyn Owen (01262) 420313
Reader: Mr John Walker (01262) 603170

Rudston with Boynton, Carnaby and Kilham

Church services

7 th	9.30 am	Holy Communion and <i>Trailblazers (4-11 year olds)</i>
14 th	9.30 am	Morning Prayer
17 th	10.30 am	Ash Wednesday: Holy Communion + imposition of ashes
21 st	9.30 am	Holy Communion and <i>Trailblazers</i>
28 th	10.00 am	Boynton: Joint Benefice Holy Communion

There is a service of Holy Communion each Wednesday Morning at 10.30 am followed by coffee.

During Lent there will be a Lent course; a time to journey together and explore our faith. It will begin on Tuesday 23rd February 7 pm and run for five weeks. Contact Glyn for details.

From the Vicarage

The last of the Christmas chocolates have been eaten, the days are getting longer and the new year is well under way. In the church calendar, as sure as night follows day, Lent follows Christmas and the month of February brings with it Ash Wednesday, the start of Lent.

Just before Ash Wednesday, though, we have a very nice day; Shrove Tuesday, Pancake Day! In other countries it's known as 'Fat Tuesday' and even 'bursting day'. The world over has a time of feast just before Lent. The roots

of that feast (so my *Wikipedia* tells me) come from the time when people used to use up the rich foods they would deny themselves in Lent.

This Shrove Tuesday we will be having a children's Pancake Party at the Village Hall in Kilham (all children welcome); it will be messy but fun! But after the flour has settled, we will begin a journey together through Lent. It's a time where we look within, think about and root out those things that spoil our relationship with God and others (a bit like giving yourself a spring clean).

So, as we journey through this new year and Lent together, I hope we can deepen our relationship with God and each other. May each of us know the new and fresh beginning He brings.

Glyn

NORTH WOLDS LIONS CLUB.

I thought you might be interested to know that North Wolds Lions Club will be celebrating its 25th Charter Anniversary on 30th January. 23 Charter Members started the club on 6th December 1984 and there are still 3 of them serving at present :- Mike Sellers, Peter Kalesnikovs and Keith Harris. The first Charter night was held on 1st February 1985. It is hard to believe that we have been serving the villages in our area for 25 years!

At present there are 16 members who serve in 23 villages. So thank you, Rudston, for all your support throughout the past 25 years.

FARM YARD BINGO AT RUDSTON VILLAGE HALL

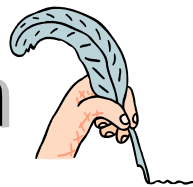
TUESDAY 16TH MARCH

EYES DOWN AT 7.30 P.M.

ADMISSION £1.50 TO INCLUDE 2 BOOKS.

June Sellers, on behalf of your Village Rep. Mike Sellers 420237

Crosslands Column



The parish council vacancy was duly filled by co-option. There was just the one applicant, and our new member is Mr. Bernard Warcup of Long Street. His first meeting (the parish council's next) will have been held on 27th January, weather permitting.

The last meeting in December was a lengthy affair, with much discussion on gas site money. As will be seen elsewhere, the parish council is proceeding with the expectation of funding from Centrica. Apparently, any project decided upon would still be subject to their final approval. On that basis, the idea of a Monolith Visitor Centre, though pretty much dismissed at the meeting, may well be the sort of thing to appeal to them I reckon.

Some good news from the meeting was that, having built up a considerable balance in the accounts, it was decided to request a reduced Precept for 2010/11. In theory that would result in a tiny reduction on your Council Tax bill if everything else stayed the same, but it won't!

Something I am especially to mention this month is Recycling. Everyone will have resumed with paper(?) following that container's return. The benefits are environmentally of course, but also financially to the parish council and, by extension, to the village.

The weather dominated us all over the Christmas and New Year period, and its effects will be felt for some time to come on the roads. We shall be duly reporting the new pot-holes in, and around, the village no doubt, but Highways will naturally give first attention to main roads.

There seems to be national government interest in getting everyone fit and healthy through walking, for the New Year. Anyway, whether as a response to that or on their own, East Riding of Yorkshire Council are running organised Health Walks all this year. There are brochures available, some of which I hope to deposit in the Village Hall. Briefly, these are organised walks of varying length, taking 30 minutes, one hour, or two hours, from various

East Riding locations including Driffield, Bridlington and Sewerby. (I know there are one or two serious walkers in the village, and with all due respect, it looks as though these would be too "tame" for you - the Sewerby ones may well be 'just a stroll in the park!').

Finally, something for the over-50s. An independent charity has developed a directory called PRIME, aiming to list all information, activities and support currently available in the area. Funded by E.R.Y.C., it should be especially useful to groups or organisations on behalf of individuals. Their website is: www.eastriding.gov.uk/PRIME, or phone: 01482 871077.

Phillip Crossland

Christmas Recordings

It seems a long time since now, but a question in the Newsletter Christmas quiz had me, and maybe others, wrong-footed. We knew it was Elvis who sang "Blue Christmas" of course, but 1957?

However, on checking I found that he did indeed record the song in 1957. It was a track on a Christmas album that year, but not released as a single until late 1964, when it became a hit, reaching 11 in the charts. That was when it attained the wider attention, and is now the most likely Elvis Christmas number you will hear at that time of year.

In 1957 the Christmas track released from the album as a single was "Santa Bring My Baby Back To Me" which reached No. 7 (The title alone "dates" it!). The really big one that year though, was "Mary's Boy Child" by Harry Belafonte, which has since proved to be one of the all-time top seasonal records.

Anyway, back to "Blue Christmas". There may be some surprise that it wasn't a bigger hit in 1964, but by then The Beatles and the "British invasion" were about to conquer America. Also, there was Jim Reeves, who chalked up more record sales than anyone else that year. Meanwhile, Elvis was committed to churning out forgettable films, as we were reminded in the recent 75th anniversary T.V. programmes, and his "come-back" was still four years away.

At Christmas 1964, it was The Beatles who held the number 1 spot in a not very Christmassy hit parade with "I Feel Fine" and the only seasonal record to make the top ten that year was Roy Orbison's one and only venture in the area: "Pretty Paper" which reached No. 7. As a matter of interest, on the flip-side of the "Blue Christmas" single was Elvis' version of "White Christmas", but no-one has beaten Bing on that one!

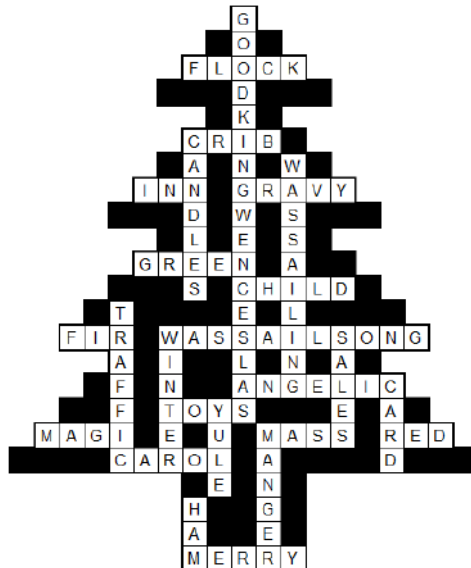
Phillip Crossland

Until further notice Articles and letters to: Shirley Clark
 Dunmilkin, Eastgate, Rudston
 Tel: 01262 420225 - Email: s.clark112@btinternet.com

Telephone numbers, postal addresses and Email addresses printed in the Rudston Newsletter are in the public domain as the publication may be read by people from outside the village, either in its paper form or viewed on the website.

Contributors Please Note - Deadline for articles, letters or notices for the March Newsletter is 7:30 pm 22nd February. Any received after this time may be omitted but included in the next issue if appropriate. The above does not apply to bereavement notices and messages, which will be included if at all possible.

Last Month's
 Crossword
 Solution



DIARY OF FORTHCOMING EVENTS



Mon. 8th March 7-30 pm	Village Hall AGM
Sat. & Sun. 20th & 21st February 10-00am - 3-30pm (Last Admission)	Snowdrop Walk Thorpe Hall
Tues. 16th March, 7-30 pm	Farmyard Bingo, V/Hall

Advertising

Business advertising is charged at the following rates:-

1/4 Page £2.50 per issue.

1/2 Page £5.00 per issue.

Full Page £10 per issue.

Contact the editor to discuss your requirements.

Please make cheques payable to - **Rudston Newsletter**.

Treasurer: Shirley Harland

Useful Phone Numbers - Local Services

MediBus 01482 395533 - E-mail: richard.willis@eastriding.gov.uk

Library van every other Wednesday, Eastgate and Long Street, around 12.00

East Riding of Yorkshire Council - Customer Services Centres:-

Bridlington: Town Hall, Quay Road, YO16 4LP

Tel: 01262 422500, Fax: 01262 422509

Driffield: Council Offices, West Garth, YO25 6TP

Tel: 01377 255556, Fax: 01377 253655

James Cole - Milkman, delivers daily - 01262 609486

Chris Rudd - Wet fish, Wed. around 9 am - 605489, Mobile 07798 652675

Wells Butchery and Farm Foods - Tuesday & Friday - 470236

Trade directory

Peter Quarmby - Renderer & Plasterer - 420122, Mobile 07832 374534

Stephen Cooper - Joinery & uPVC improvements - 420811 or 07980 257614

Neil Jenkinson - Plumber - 420839 or 07856291737

Lister Windows - PVCu Specialist in Windows, Doors & Conservatories - 609991

B B Electrical - Electrical repairs, inspecting etc. 678354 or 07809 458760

If you would like adding to the trade directory - let the editor know - it's free!!