

Also available, in full colour, online at:www.rudston.org.uk/newsletter



This month's newsletter is kindly sponsored by **THORPE HALL CARAVAN & CAMPING** 



### Hello Everyone

As the height of summer embraces our charming village of Rudston, we find ourselves basking in the warmth and vibrancy that this beautiful season brings. July and August are months of transformation, where our days stretch longer, our gardens burst into full bloom and the spirit of community shines brighter than ever, especially this year as we are all able to participate in "Blooming Rudston" and already new planters can be seen around the village.

Our village has always been a beacon of togetherness, and the upcoming months are a testament to this. We have all our regular events taking place, including Bingo at the Village Hall, and ladies and men's nights at the Bosville Arms and in addition the Bosville Arms is holding a Family Fun Day on Saturday 24th August so Rudston is buzzing with activities that celebrate our rich heritage and close-knit community. These events are more than just dates on a calendar; they are opportunities to create lasting memories, strengthen bonds and foster a sense of belonging.

Let us also remember that summer's charm lies in its fleeting nature. As we enjoy the long days and warm nights, let's take a moment to be mindful of our surroundings and our impact on the environment. Simple actions like conserving water, supporting local produce and maintaining our green spaces can go a long way in preserving the beauty of Rudston for future generations.

This season I encourage each one of you to embrace the spirit of summer fully. Explore the scenic walks around our village, participate in community activities and take time to enjoy the little things - whether it's a quiet afternoon in your garden or a lively evening with friends and family. Let's make the most of this wonderful time, creating moments that will carry us through the colder months ahead.

In closing, we wish you all a delightful and memorable summer. May the warmth of the season fill your hearts with joy and may the camaraderie of our community continue to flourish. Here's to a summer of sunshine, smiles and shared experiences in our beloved Rudston.

### Heather, Becky & Paula Rudston Newsletter Team

"Summer is a reminder that change is constant; just as the sun rises and sets, life too evolves, bringing warmth, growth and new beginnings".



### Rudston, Boynton, Carnaby, Kilham, Wold Newton, Burton Fleming, Grindale and Fordon

We have a new Curate! (trainee vicar), hopefully we'll get to know Huw during the coming months. A few words from him:

My name is Huw Waring. I have been married to Kimberlee for almost 24 years. We have lived in Yorkshire since 2011, when we moved back to the UK from the USA, where Kimberlee was born and where I lived for 25 years. I have one son, Mark, who is married and about to produce our first grandchild! When we moved to Scarborough, we spent 10 years worshipping at St. Mary's & Holy Apostles before moving to Filey, where I became the curate in 2021. We are now a part of the Rudston benefice and are happy to be here.

A couple of things to let you know about us. I'm a self-supporting minister in full-time employment for North Yorkshire Council. I'm also autistic, which means that I approach life from a slightly different point of view. I have some sensory challenges and other quirks which make interacting with others interesting; I'm generally a friendly person, but I'm really bad at remembering names and faces. Kimberlee has several significant health issues which cause chronic pain and fatigue, so you may not see Kimberlee as much as you do me because she has little stamina. We look forward to meeting you and working with you to grow the Kingdom of God over the coming months.

Rev. Huw

(	Church	Services for	July & August (at Rudston unless otherwise stated):
July	<b>7</b> <sup>th</sup>	9.30am	Holy Communion
	21 <sup>st</sup>	9.30am	Morning Prayer
		3.00pm	Organ Recital: Robert Poyser & The Beverley Minster Choir
	28 <sup>th</sup>	11.00am	Kilham: Holy Communion - Benefice churches together
August	$4^{th}$	9.30am	Holy Communion
	$18^{th}$	9.30am	Morning Prayer
	25 <sup>th</sup>	11.00am	Boynton: Holy Communion - Benefice churches together

'Talking About Faith': Every first Wednesday evening of the month at 7pm at The Old Star Inn, Kilham. A friendly and warm welcome awaits those who might be interested in attending these informal evenings. A chance to chat about life and faith. For further information contact revalanleach@gmail.com.

Each Thursday at 10.30am, in church, at All Saints, Kilham, come and join in for a time of prayer and discussion over a cuppa and biscuits. All welcome.

We will continue to have a 'Zoom' service on the first and third Sundays of the month at **11**am and weekly each Wednesday at **10**am.

# **RUDSTON NEWS AND EVENTS**



# **RUDSTON VILLAGE HALL**

Summer Events at Rudston Village Hall

### Post Office/Coffee Shop/Library

Every Thursday morning the Post Office is open for a large range of services

- Cash/cheque deposits and withdrawals
- Car Tax
- Royal Mail Postage

- Mobile Phone Top Ups
- Gift Cards & Greeting Cards
- Bill Payments and more

While there enjoy, tea/coffee, cakes and other refreshments. Why not use the library and borrow Books, DVD's, Jigsaws - totally free and no fines!!

### Rudston Village Hall Bingo Nights

Always a great evening of fun, with Raffle and Refreshments. Eyes down 7pm. Thursday 4<sup>th</sup> July and Thursday 1<sup>st</sup> August

### Blooming Rudston - Saturday 13th to Saturday 27th July

We are asking the community to join together to decorate the front of your house/ garden with tubs, hanging baskets, window boxes or even decorate a wheelbarrow!

# Let's make Rudston BloomII



During these two weeks, walk round the village and pick the house you like the best and drop a note with your favourite in the Village Hall letterbox.



On Saturday 27<sup>th</sup> July the winner will be announced at 7pm, the same night as Stuarts Fish and Chip Van Night.

### Stuarts Fish and Chip Van Night

Saturday 27<sup>th</sup> July between approx. 5.30pm and 7pm. The Village Hall will be open for you to sit down with your meal. There will also be tea/coffee and bread and butter.

### Want to book the Village Hall?

The Village Hall is available to book for parties, meetings or gatherings. To find out costs and availability ring 01262 420 171. Mon to Fri 9am - 4.30pm

### ALL SAINTS CHURCH, RUDSTON, SOCIAL COMMITTEE

# Invite you to a concert in Rudston Church on **Sunday 21<sup>st</sup> July at 3pm prompt**,

featuring Robert Poyser (Organist at Beverley Minster) playing the organ and the Beverley Minster Choir

Tickets are £7.50 each to include **tea and cake** following the concert. Please buy in advance to help us cater for the correct numbers.

Tickets are available from Jean Corner 01262 420 622 and June Sellers 01262 420 237, and there will be tickets available at the door on the day.

There will also be a raffle. All proceeds are in aid of repair and maintenance of our magnificent organ.

At a recent inspection of the organ by Peter Wood and Sons of Harrogate it was recommended that a variety of restoration work needs to be done on the great trumpet and the chest and concussion bellows, and on the great trumpet pipework. The great chest magnets need to be replaced as they have been in existence since the 1930s. The present estimate for the work needed to be done in order to bring the organ back to its full potential is £17,000 including VAT. This is an enormous amount and we hope to attain some grant funding towards the repairs, but we will also have to start fund raising for this too.

We hope you will support this concert and many in the future. If you have never heard the organ played this is your opportunity to hear it played professionally and also a unique opportunity to hear the Beverley Minster Choir sing in our own Church. There are 70 in the full choir but some may be on holiday etc. at this time.

The organ was given to the Church and for the village by Sir Alexander Macdonald when he was organist and choir master at Rudston Church. He wanted us to have the best we could have and it was the first electrically powered organ outside of London, having its own pump house. Many of the men and boys in Rudston were in the choir and are represented in the stained-glass window above the organ. It is quite famous and a much admired and to be envied organ, worthy of being maintained.

Thank you for your support in the past and we look forward to it in the future.

June Sellers (Social Secretary to Rudston P.C.C.)

01262 420237

### **RUDSTON W.I.**

Members enjoyed lunch at The Stove Cafe at Cranswick Garden Centre followed by a visit to Tophill Low Nature Reserve on June 11<sup>th</sup>.



First, we went to the visitor centre to look out onto the D-shaped reservoir which was full and had waves due to the windy afternoon. We also looked out from the bird hide and continued on for a walk, seeing and hearing the marsh frogs in their pond. It was good to see swifts and martins swooping around and also to hear the wild birds in song. We also heard lambs and discovered they were grazing on the banks of the River Hull beside the reservoir almost invisible with their mothers, due to the tall grass.

Continuing on we encountered Tiddy Mun, a spirit of the Marsh; Old Stinker, a monster werewolf of the Marshes plus Roos men and replicas of carvings found in the River Hull Valley. All of this was before we reached the bird hide overlooking bull rushes in the lake. Most had not visited before and found it fascinating, and I am sure families would find it very good value for money. We only paid £2.50 a head.

Our next meeting is on July 2<sup>nd</sup> at 7pm, meeting at the Roots Rum Distillery at Boynton for a tour. On 16<sup>th</sup> July we will be going to Cranswick Farm Shop for lunch, leaving Rudston at 11.15am as a table has been booked for 11.45am.

On August 6<sup>th</sup> we will be going on an outing to Burnby Hall Gardens at Pocklington for lunch at 12 noon in the cafe and a wander around the gardens which should be full of summer flowers by then and the water lilies hopefully will be in their full glory.

On September 3<sup>rd</sup> our meeting is in the Village Hall at 2pm when Marion Gamble will do an Antiques and Vintage Quiz for us using some artefacts. The competition for this is "an Antique". Wendy Proctor is due to give the vote of thanks and Margaret Reed will be the hostess.

June Sellers attended the National Annual Meeting at the Royal Albert Hall representing 4 W.I.'s. There were 5,000 W.I. members, filling the floor and stalls and galleries. There are a total of 180,000 members of the W.I. at present and is the largest voluntary organisation of women, established 108 years ago.

Guests are always welcome at our meeting at a fee of  $\pm 3$ .

Please contact Hazel Conner 01262 420 470 or June Sellers 01262 420 237 for further information.



# **North Wolds Lions Club**

At the June meeting of North Wolds Lions, Lion Keith Harris announced his retirement. Keith was a founder member of this Lions Club and has been true to the Motto "We Serve" for almost 40 years organising many events and being President many times.

Those who go to the Lions Bingo and other fund-raising events will know Keith Harris. He and his wife Mary have been staunch supporters of and extremely active in North Wolds Lions. Members wish Keith well in his retirement and will miss his bingo calling and fantastic organisational skills.

Your village representative Mike Sellers

01262 420 237

# **RUDSTON PARISH COUNCIL**

Here are the dates for Parish Council meetings scheduled for 2024:

Wednesday 10<sup>th</sup> July 7.30pm Wednesday 11<sup>th</sup> September 7.30pm Wednesday 13<sup>th</sup> November 7.30pm



These dates are subject to change, please check the website for further details.

Agendas and Minutes can be viewed on Rudston Parish Council website: www.rudston.org.uk or scan the QR code to be directed to the website.

# FOOD BAGS FOR BROWN BINS

These are available at "Two Hoots", East Gate, Rudston. Box is on the driveway, help yourselves.



### **RUDSTON COMMUNITY PUB**

Committee Contact Details Rudston Community Pub Ltd Email: rudstoncommunitypub@gmail.com Shareholder email: rcplshareholders@gmail.com Facebook: @rudstoncommunitypubltd



# The **Bosville Arms** - 01262 321645

We would like to say thank everyone for their fantastic support for our D-Day celebration. The turnout was fantastic and the whole day was a brilliant memorial to our brave troops from back then and now. A special thank you to Glyn our vicar for speaking at the lamp lighting and also to Dave Arundel for the beautiful Last Post on the bugle which marked the occasion perfectly. We raised £135.14 (which we rounded off to £150) for the RBLA.

On D-Day, we are planning an even bigger and better 1940s event next year.

A huge congratulations to one of our team, Jess Woods who goes off to start her apprenticeship with the Ambulance Service in September. Good Luck Jess - our loss is their gain.

We have all our usual events in July - Quiz nights, Ladies Night and Mid-Week Men and in addition, we also have a Family Fun Day on Saturday 24<sup>th</sup> August from 12 noon with live music in the evening, BBQ, outside bar and tombola in aid of St Catherine's Hospice.

> Quiz nights 2<sup>nd</sup> & 16<sup>th</sup> July 13<sup>th</sup> & 27<sup>th</sup> August Mid-Week Men 17<sup>th</sup> July Ladies Night 30<sup>th</sup> July

We're taking a break in August from men's and ladies nights and look forward to seeing everyone in September.

### **RUDSTON YOUTH CLUB**

We are thrilled to share that the word has certainly spread about our Youth Club! This month, we welcomed 28 children, many of whom were new faces from both the village and surrounding areas. It was wonderful to see new friendships being formed among children who attend different schools and might not otherwise have the chance to meet in a social setting like ours.

Throughout the evening, the children showcased their culinary creativity by making their own pizzas. From pineapple and ham to pepperoni and cheese, mushrooms and chicken, the variety of toppings was impressive and the children's enthusiasm was evident. They also helped with the tidying up, which we greatly appreciated, as did our dedicated volunteers.

Speaking of volunteers, we are always on the lookout for more helping hands. Whether you are a parent of a child who attends the club or a community member who can spare some time, we would love to hear from you. Your support makes a significant difference in the smooth running of our activities.

We are excited to announce that the Youth Club will be operating throughout the summer holidays. We plan to add extra sessions for outdoor games and activities, so please keep an eye on our Facebook page for updates.

Our next scheduled meetings are on Tuesday 9<sup>th</sup> July and Tuesday 13<sup>th</sup> August at the Village Hall, from 6.30pm to 8pm.

### **RUDSTON PLAYING FIELD**

The old notice board that was washed away in the Spring floods has been replaced with a bright new sign highlighting no dogs allowed.

The field is looking better than ever thanks to the efforts of dedicated volunteers and has been complimented on by away teams.

If you don't want to join in playing bowls, cricket or tennis why not come and watch the matches now summer is here.

Peter Crossley	
Secretary Rudston Playing Field	01262 420 462

### **RUDSTON BOWLS CLUB**

Have you ever fancied trying Lawn Bowls? It's great exercise and fun too. With the new season about to start, I thought it was the ideal time to see if anyone wanted to join our club?



We compete in the Driffield League, play friendly matches with other clubs and have in house competitions. So, if you fancy giving it a try, we can provide instruction and everything you need for a taster.

Membership starts at £30 per season, if you're interested ...... contact Ian and Diane Trudgett on 01262 420 019 or 07484 857 837.



We are a friendly club, always looking for new players and welcome anyone of any ability to come and join in our social sessions on Fridays 5pm onwards and Sunday mornings 10am onwards, weather permitting. If you haven't played since school come along and have a go, bring a friend and see how you get on, then decide whether you want to join the club. We can supply a racquet if you need one. If you would rather have a knock around with someone before coming to a social session please get in touch with me.

We have 2 men's teams and a ladies team in the Driffield & District League so there are opportunities to play competitively as well if you want to.

Our membership fees are very reasonable.

Check out our Facebook page for the latest news.

Jane Crossley (secretary)

Mobile No: 07894 228 956

This is following on from Part 1 that was in last month's newsletter

### WARTIME MEMORIES (Part 2) by Doris Sugden

After we had a very bad patch of Air Raids and we were suffering from lack of sleep, we had a month away at Homefirth and stayed with an Aunt of my Cousin Ediths. It was like heaven to have good nights sleep as there was nothing to worry about.

One night we went to a local pub for a drink, and when we were discussing the bombing, I said there were no guns on Flamborough Head, or that I had been told. A man who heard me say this told me off for saying it, he said "Careless talk costs lives" I felt very guilty as I realised he was right.

We would have stayed longer at Holmfirth, but Edith's Uncle was a miserable old man and although we were "paying guests" he did not want us there, particularly a young child. They never had any children themselves, so I suppose it was understandable, so we came home. It was nice to be home and find our house still standing.

When the Battle of Dunkirk happened Harold's Regiment was sent to France. It was a dreadful defeat for our men. They returned across the Channel, every ship that could sail went across to France even some from Bridlington. Soldiers were killed and many taken prisoners. Harold came across the channel in a fishing boat, it was a few very anxious days before he was able to phone me to say he was safe. All the men were given leave and he came home, he looked awful They had had a terrible experience.

Shortly after Dunkirk, Harold volunteered for the Parachute Brigade. He was sent to the 6<sup>th</sup> Parachute Regiment. After a time and doing several jumps, he was promoted to Lieutenant, then Captain and finally Major. I was very proud of him. He had leave approximately every three months, and wherever he was stationed and it was possible, Jill and I visited him.

When eventually the Army went to France the 6th Para were sent to take the Bridge at Caan. The drop was well done but some were taken prisoner. They took the bridge and were withdrawn then the remainder were sent to Breville. On the return journey Harold stood on a landmine and was killed. After the war, the Padre came to see me and told me that he died instantly, and that he would have been given the Military Cross, but the Commanding Officer had been killed before he could recommend him. He was killed on 12th June 1944 and for Jill and me the war ended then. Harold was 33 when he died and it was strange that his father was also 33 when he was killed in the 1914 war.

Everything was in very short supply. Factories where possible, were converted to war supplies and food which came from aboard by ship came in convoy. Some of

them were sunk on the way. We didn't see one banana during the whole of the war and other things disappeared too.

Food and clothings were on coupons. We did not have many and had to be careful what we bought, for example, the ration of butter was two ounces a week and meat was a few ounces. Sometimes it was a piece of corned beef, anything which was not rationed caused a queue to form outside a shop. One day I joined one and stood for half an hour and when my turn came I got a cabbage.

We did not have big shops like Safeways and Tesco but small grocers. Very occasionally the assistant would bring a little something from under the counter. One day when he bent down I waited hopefully and he sold me a tin of shoe polish. One time a friend of my husband who had a farm let me have a nice piece of ham.

In those days we did not have refrigerators, I had a wooden cupboard with zinc panels but I had a problem,I| dare not let my cleaning woman know that I had this ham. She would have reported me and I would have been in a lot of trouble, so, I put it in the cupboard on the days she didn't come and hid it upstairs on her cleaning days. Unfortunately I had some ripe cheese in the same cupboard and the mites left the cheese and were all over the ham, so I could not eat it. To get rid of it I buried it under the vine in the Greenhouse.

The ration of eggs was one a week, my father found a farm which was selling what were called "Black Market" eggs, they were expensive but we did get a few sometimes which were a big help. One of the things we had was powdered eggs, this was really quite good and there were several recipes for making cakes when we had save enough from our sugar ration.

As I have said clothes were on coupons. I had a sewing machine so I was able to save on coupons by buying material which was less and making clothes for Jill and myself. I even knitted my own stockings, they were thick but they lasted a long time!

I cannot remember how long it was in the war when it was thought that the Germans might use gas. This would have been terrible, they used it in the 1914 war and soldiers suffered terribly. We were all supplied with gas masks; they were made of black rubber and to be honest I do not think I could have worn one. Children had a different one from adults, it was called a Mickey Mouse Mask, and was kept in a cardboard box. The children had to take them everywhere they went and never went to school without one. They became part of life, fortunately we never had to use them, but the children practised at school.

In large towns they had communal air-raid shelters and everyone living near went to them. People became very friendly and they made the best of it, some people even enjoyed the company. After the war ended, it took a long time for things to return to normal. Most things like food and clothes were still on ration for quite a long time.

### The Garden of Hope - A short story

In the small town of Brooksville, summers were marked by intense heat and unrelenting sunshine. The month of July arrived with its blazing warmth, and with it came the annual garden competition. Every year, townsfolk would prepare their gardens with great care, hoping to win the coveted title of "Best Garden in Brooksville."

In a modest house at the end of Willow Street lived an elderly woman named Martha. Martha had won the competition for three consecutive years. Her garden was a masterpiece of colours, scents and textures, a true oasis of beauty and tranquillity.

This year, however, was different. Martha had recently lost her beloved husband, George, and the grief had drained her of energy and enthusiasm. The garden, which once bloomed with vibrant life, now lay neglected and overgrown. Martha's neighbours watched with heavy hearts as the once-glorious garden wilted under the summer sun.

One day, a young boy named Tommy, who lived next door, noticed Martha sitting on her porch, staring sadly at her garden. Tommy, a cheerful and energetic child of eight, had always admired Martha's garden and the joy it brought to everyone in the neighbourhood. Tommy decided to take action. He gathered his friends and hatched a plan. "Let's help Mrs. Martha with her garden," he said. "She needs us now more than ever".

Every morning, as the sun began to rise, Tommy and his friends would sneak into Martha's garden. They pulled weeds, watered the plants and carefully tended to the flowers. They worked quietly, not wanting to disturb Martha. Slowly but surely, the garden began to come back to life.

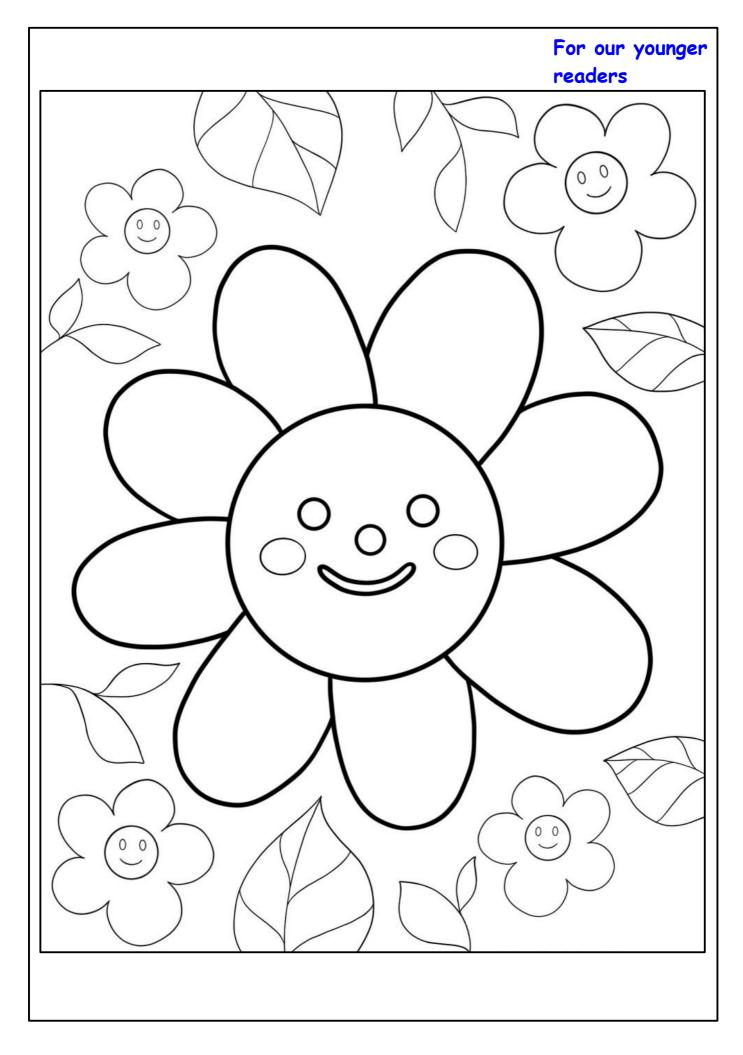
One morning in early August, Martha woke up to the sound of laughter and the sight of children bustling about in her garden. She walked outside, tears welling up in her eyes, as she saw the transformation. Her garden was blooming once more, a vibrant tapestry of colours and scents.

Tommy ran up to Martha and said, "We wanted to help, Mrs. Martha. Your garden makes everyone so happy, and we couldn't let it wither away". Martha knelt down and hugged Tommy, her heart filled with gratitude and hope. "Thank you, Tommy. You've given me the strength to carry on and reminded me of the beauty that still exists in the world".

With renewed energy, Martha joined the children in the garden, guiding them and sharing her knowledge. Together, they created a masterpiece that surpassed all previous years. When the day of the competition arrived, Martha's garden was once again declared the best in Brooksville.

But the true victory was not in the title or the prize. It was in the love and kindness that brought a community together, proving that even in the darkest of times, hope and beauty can bloom anew. And so, as August drew to a close, the garden stood as a testament to the power of compassion and the enduring spirit of togetherness, inspiring all who beheld it to cherish cherish the simple yet profound act of caring for one another.





### QUIZ

Answers on page 22

As we are fast approaching the school summer holidays, this month's quiz is all about the time when we look forward to being off work and enjoying ourselves.

- 1. Which airport in the UK would you be flying from if it's IATA code is LGW?
- 2. Which Greek island is the largest?
- 3. Which ocean surrounds the Galapagos Islands?
- 4. Which country would you be in if you were walking around Dubrovnik?
- 5. Which American state would you be in if you were looking out over Monterey Bay?
- 6. Which city and country straddles the Bosphorus Strait?
- 7. Niagara Falls borders both the USA and Canada, but do you know which American state and Canadian province it flows through?
- 8. Which European country are you travelling around if you're on the Glacier Express?
- 9. Which country would you be visiting if you were sailing around Ha Long Bay?
- 10. If you're stood at the bottom of Skogafoss Waterfall, which country would you be in?
- 11. Which city & country are you in if you're riding on the Riesenrad (Giant Ferris Wheel)?
- 12. Which of the Balearic Islands are you on if you visit the Cuevas del Drach (Caves of Drach)?
- 13. Which country in Africa is the Masai Mara National Reserve?
- 14. Where are you if you're visiting The Forbidden City & the Imperial Palace?
- 15. Which ocean surrounds the Seychelles?
- 16. Which Asian country are you in if you're staying in Penang?
- 17. In which country will you fly into the Tenzing-Hillary Airport, also known as Lukla?
- 18. Which country are you in if you are looking at the bronze statue of The Little Mermaid?

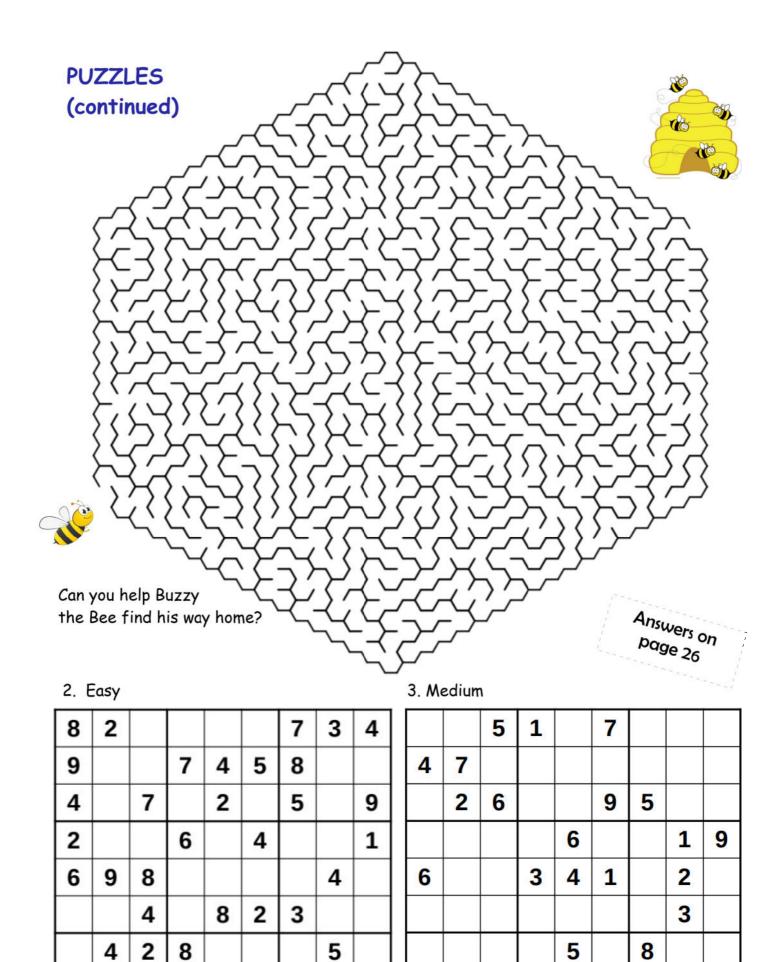
Ρ Ο S b 

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3 D	4	5	6	7	8	9	10	11	<sup>12</sup> C	13
14	15	16	17	18	19	20	21	22	23	24	25	26
										0		

Answers on Page 26

PUZZLES



Page 18



# **Rudston's Recipes**

### **GRILLED HONEY GARLIC CHICKEN SKEWERS**

Ingredients For the marinade ¼ cup soy sauce ¼ cup honey 2 tbsps olive oil 4 cloves garlic, minced 1 tsp fresh ginger, grated ½ teaspoon black pepper ¼ tsp red pepper flakes (optional for a bit of heat)

### For the skewers

1½lb boneless, skinless chicken breasts, cut into 1" cubes 1 red bell pepper, cut into 1" pieces 1 yellow bell pepper, cut into 1" pieces 1 red onion, cut into 1" pieces 1 aubergine, cut into ½" rounds Fresh parsley or cilantro, chopped (for garnish) Lemon wedges (for serving) Skewers (if using wooden skewers, soak them in water for at least 30 minutes before grilling)

### Method

- In a medium bowl, whisk together all the marinade ingredients.
- Place the chicken cubes in a large resealable plastic bag or a shallow dish. Pour the marinade over the chicken, ensuring all pieces are well-coated. Seal the bag or cover the dish and refrigerate for at least 1 hour, preferably 2-4 hours for maximum flavour.
- Preheat your grill to medium-high heat (about 375-400°F).
- Thread the marinated chicken, bell peppers, red onion and aubergine onto the skewers, alternating between chicken and vegetables.
- Lightly oil the grill grates to prevent sticking. Place the skewers on the grill and cook for about 12-15 minutes, turning occasionally, until the chicken is cooked through and has a nice char (internal temperature should reach 165°F).
- Remove the skewers from the grill and let them rest for a few minutes. Garnish with chopped parsley or cilantro and serve with lemon wedges on the side.

### Tips

For an extra burst of flavour, reserve a bit of the marinade (before adding the chicken) to brush over the skewers during the last few minutes of grilling. These skewers pair well with a fresh summer salad, grilled corn on the cob or a light couscous dish.

### Rudston's Recipes (continued)

### LEMON BLUEBERRY ICEBOX CAKE

### Ingredients

- 2 cups heavy whipping cream
- 1 cup powdered sugar
- 1 tsp vanilla extract
- 1 lemon, zested and juiced
- ½ pack digestive biscuits (about 14-16)
- 1 cup lemon curd (store-bought or home-made)
- 2 cups fresh blueberries (plus extra for garnish)
- Lemon slices and mint leaves (for garnish, optional)

### Method

- In a large mixing bowl, beat the heavy whipping cream, powdered sugar, vanilla extract, lemon zest and lemon juice with an electric mixer until stiff peaks form. This will take about 3-5 minutes. Be careful not to over whip.
- Spread a thin layer of lemon curd on the bottom of a 9x13-inch baking dish. Arrange a layer of biscuits over the lemon curd, breaking them as needed to fit the dish.
- Spread a layer of whipped cream over the biscuits, followed by a drizzle of lemon curd. Sprinkle a generous handful of blueberries over the lemon curd.
- Repeat the layers: biscuits, whipped cream, lemon curd and blueberries until you reach the top of the dish finishing with a layer of whipped cream.
- Cover the dish with plastic wrap and refrigerate for at least 4 hours, preferably overnight. This allows the flavours to meld together.
- When ready to serve, garnish the top of the cake with extra blueberries, lemon slices and mint leaves if desired. Cut into squares and enjoy this refreshing summer dessert.

### Tips

For a more intense lemon flavour, add a bit more lemon zest to the whipped cream or drizzle extra lemon juice over the digestives before layering.

If you prefer a different berry, strawberries or raspberries work wonderfully in this recipe as well.

### Monthly Gardening Calendar – July & August Jobs

- 1. Watering
  - Regular Watering: Ensure that your garden receives sufficient water, especially during dry spells. Early morning or late evening watering reduces evaporation.
  - Deep Watering: Water deeply to encourage roots to grow deeper, making plants more drought-resistant.
  - Mulching: Apply mulch around plants to retain moisture and suppress weeds.
- 2. Weeding
  - Regular Weeding: Keep on top of weeds, which can compete with your plants for water and nutrients.
  - Weed Prevention: Consider using organic mulch to prevent weed growth.
- 3. Harvesting
  - Vegetables: Harvest summer vegetables such as tomatoes, cucumbers, aubergines, beans and peppers regularly to encourage further production.
  - Herbs: Trim herbs like basil, mint and oregano to prevent them from flowering and to encourage new growth.
  - Fruits: Pick ripe fruits such as berries, cherries and early apples.
- 4. Pruning
  - Deadheading: Remove spent flowers from annuals and perennials to promote continuous blooming.
  - Summer Pruning: Prune summer-flowering shrubs after they finish blooming.
  - Pinching: Pinch back herbs and annuals to encourage bushier growth.
- 5. Pest and Disease Control
  - Inspection: Regularly inspect plants for signs of pests and diseases.
  - Control Measures: Use organic or chemical controls as needed and remove any diseased plant material to prevent the spread.
- 6. Feeding
  - Fertilizing: Feed flowering plants and vegetables with a balanced fertilizer to support their growth and productivity.
  - Composting: Add compost to your garden beds to improve soil fertility.
- 7. Planting
  - Succession Planting: Sow seeds of fast-growing crops like lettuce, radishes and spinach for a late summer or early fall harvest.
  - Perennials: Plant perennials and biennials to establish before the winter.
- 8. Lawn Care
  - Mowing: Continue mowing the lawn, keeping the mower blades high to prevent stress on the grass.
  - Watering: Water the lawn deeply and infrequently to encourage deep root growth.
- 9. General Maintenance
  - Staking: Support tall plants like tomatoes, dahlias and sunflowers with stakes or cages.
  - Tidying Up: Keep the garden tidy by removing debris and dead plant material.

In August – continue looking after your garden as you did in July plus:

Planting

- Autumn Crops: Plant fall vegetables such as broccoli, kale, carrots and radishes. Late summer is the perfect time to start these cool-season crops.
- Perennials: Plant perennials and biennials to give them time to establish before winter.
- Bulbs: Start ordering spring-flowering bulbs like tulips, daffodils and crocuses for planting in the Autumn.
- Tool Maintenance: Clean and maintain your gardening tools to ensure they're in good condition for the coming months.

Planning Ahead

- Autumn Garden: Start planning and preparing for your autumn garden, including ordering seeds and preparing beds.
- Garden Journal: Keep a garden journal to note what worked well and what didn't, helping you plan for next year.



The Newsletter Team hopes that everyone has enjoyed reading the wartime memories of Doris Sugden and would like to thank Jill Pallister for allowing us to print her mum's recollections of that time in her life.

### ANSWERS TO QUIZ

- 1. London Gatwick Airport
- 2. Crete
- 3. Pacific Ocean
- 4. Croatia
- 5. California
- 6. Istanbul, Turkey
- 7. State of New York, USA and Ontario, Canada
- 8. Switzerland
- 9. Vietnam

- 10. Iceland
- 11. Vienna, Austria
- 12. Majorca
- 13. Kenya
- 14. Beijing, China
- 15. Indian Ocean
- 16. Malaysia
- 17. Nepal
- 18. Copenhagen

# **DATES FOR YOUR DIARY**

### What's on in the Yorkshire Wolds

For more information about events outside Rudston, please join the Facebook Group "Events on the Yorkshire Wolds"

### **Events for Rudston**

Tuesday 2<sup>nd</sup> July - WI 7pm, Roots Rum Distillery, Boynton Tuesday 2<sup>nd</sup> July - Quiz Night 7.30pm, Bosville Arms Thursday 4<sup>th</sup> July - Bingo 7pm, Village Hall Tuesday 9<sup>th</sup> July - Youth Club 6.30pm, Village Hall Wednesday 10<sup>th</sup> July - Parish Council Meeting 7.30pm, Village Hall Saturday 13<sup>th</sup> to Saturday 27<sup>th</sup> July - Blooming Rudston Tuesday 16<sup>th</sup> July - WI Trip out, leaving Rudston at 11.15am for lunch at Hutton Cranswick Farm Shop

Tuesday 16<sup>th</sup> July - Quiz Night 7.30pm, Bosville Arms Wednesday 17<sup>th</sup> July - Mid-Week Men, Bosville Arms Sunday 21<sup>st</sup> July - Northern Heavy Horse Show, Thorpe Hall Sunday 21<sup>st</sup> July - 3pm Beverley Minster Choir Concert, Rudston Church Saturday 27<sup>th</sup> July - 5.30pm-7.00pm Stuart's Fish and Chip van night, Village Hall Tuesday 30<sup>th</sup> July - Ladies Social & Supper, Bosville Arms

Thursday 1<sup>st</sup> August - Bingo 7pm, Village Hall Tuesday 6<sup>th</sup> August - WI Trip Out to Burnby Hall Gardens, Pocklington Tuesday 13<sup>th</sup> August - Youth Club 6.30pm, Village Hall Tuesday 13<sup>th</sup> August - Quiz Night 7.30pm, Bosville Arms Saturday 24<sup>th</sup> August - Family Fun Day 12 noon, Bosville Arms Tuesday 27<sup>th</sup> August - Quiz Night 7.30pm, Bosville Arms

### Surrounding Area Events

Runs until Sunday 14<sup>th</sup> July - Wildlife Photographer of the Year, Sewerby Hall Friday 12<sup>th</sup> July - Jazz and Blues Festival, Burton Agnes Saturday 13<sup>th</sup> & Sunday 14<sup>th</sup> July - Filey Regatta Sunday 14<sup>th</sup> July - Antiques Collectors Fair 9am to 3pm, Floral Hall, Hornsea Sunday 14<sup>th</sup> July - Charity Car Boot Sale, Sledmere Sunday 4<sup>th</sup> August - Lions Summer Carnival, Sewerby Cliff Top

### **Advance Notice**

Tuesday 3<sup>rd</sup> September - WI 2pm Village Hall Wednesday 11<sup>th</sup> September - 7.30pm Parish Council Meeting, Village Hall

# **Trade Directory and Advertising Section**

Business advertising is charged per issue at the following rates Minimum commitment of 3 issues except for full page adverts: <sup>1</sup>/<sub>4</sub> Page £2.50 <sup>1</sup>/<sub>2</sub> Page £5.00 Full Page £10.00

Contact the newsletter team to discuss your requirements rudstonnewsletter@outlook.com

### **Useful Phone Numbers - Local Services**

Medibus 01482 395533 – E-mail: richard.willis@eastriding.gov.uk Library Van Long Street (near Bosville Arms) around 11.20am to 11.50am Next visit: Wednesday 17<sup>th</sup> July & 14<sup>th</sup> August - Every 4 weeks East Riding of Yorkshire Council Customer Services Centre Town Hall, Quay Road, Tel: 01482 393939 Driffield: Council Offices The Library, 2-4 Market Place, Driffield YO25 6BW 01377 254160

### **Rudston Trade Directory**

James Cole Milkman delivers daily	01262 609486
Chris Rudd Wet fish Weds. Around 9am	07798 652675
Stephen Cooper Joinery & uPVC improvements	420811 or 07590 206629
<b>Stephen Ward</b> Deep tissue sport & remedial massage	07855 951857
<b>SB Electrical</b> for all repairs & installations	07984 133095
Neal Garfitt Plumbing & Heating	07845 994283
Martin Underwood Computer repairs, internet problems	<b>07748 632563</b>
The Four Seasons Fresh fruit & vegetable delivery	01262 672218
Mathew Horne Wedding/Family Photographer	07859 133445
Mike Beresford Handyman, property repairs inc. electric	al 01262 420708



High St. Rudston, YO25 4UB

🖀 01262 321645

 $\boxtimes$  bosvillearmsrudston@gmail.com

East Yorkshire's only community owned pub Serving locally brewed beers and home-made food

**Events for July** 

- Quiz Nights Tuesday 2<sup>nd</sup> & 16<sup>th</sup>
- Mid-Week Men Wednesday 17th
  - Ladies Night Tuesday 30<sup>th</sup>

# **Events for August**

- Quiz Nights Tuesday 13th & 27th
  - Family Fun Day Saturday 24<sup>th</sup> 12 noon onwards

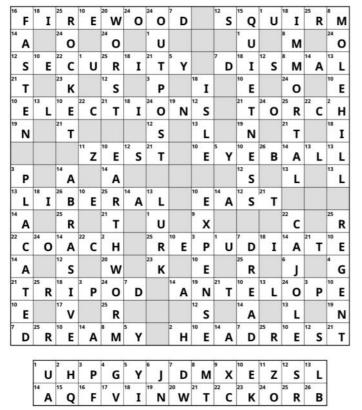
We are taking a break from men's and ladies nights in August and look forward to seeing everyone in September

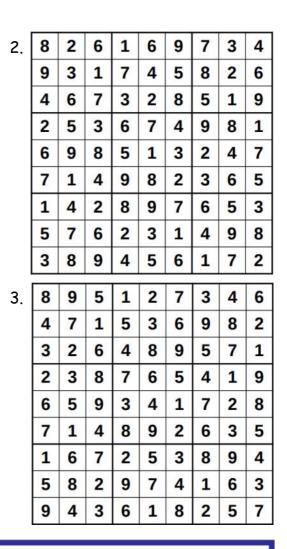
# Did you know all our food can be served in boxes as takeaways?

Watch village notice boards, FB and website for details of these and other events

ANSWERS TO PUZZLES

1.









Tiling Plumbing Painting Decorating Brickwork Woodwork Plastering Garden Services 07522 629058

Page 26

# **REDGATE GARAGE** AT RUDSTON

### SALES • SERVICE • REPAIRS

# GET IN<br/>TOUCH FOR<br/>ALLYOURBRAKES<br/>BATTERIESALLYOUR<br/>ALLYOURBRAKES<br/>BATTERIESTYRES<br/>STEERINGSUSPENSION

EXHAUSTS

AIR CONDITIONING

MOTS ARRANGED

FOUND IT FINANCE IT?

> FINANCE OPTIONS AVAILABLE ON SALES CARS

C 01262 421809 Middle Street, Rudston, YO25 4UF **redgategarage.co.uk** Find us on f @redgaterudston



**Martin Underwood** 

for computer repairs, solving internet/wi-fi problems and tuition on use of a computer

# 07748 632563

## Email: ucs@firespirit.plus.com



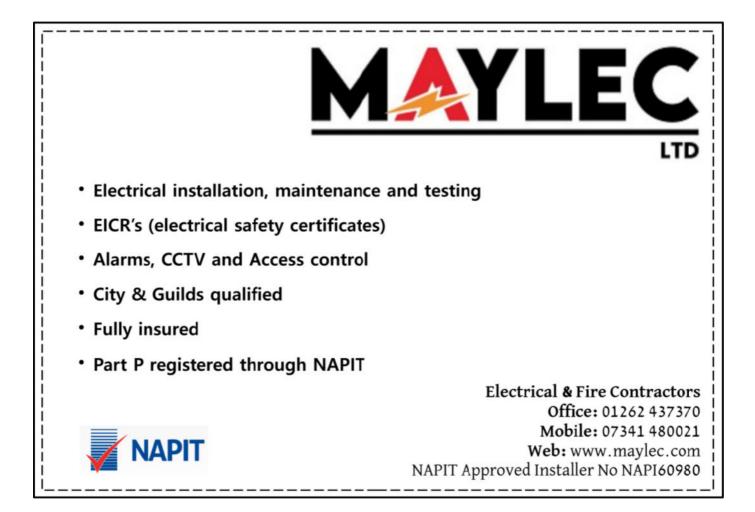
Tel 01262 672218

# THE FOUR SEASONS FRUIT & VEG

Charlie is still happy to deliver all your fresh fruit and vegetables to your door













THE GARAGE Chapel Lane, Kilham 01262 420627 email: simonrhodes@gboyes.co.uk website: www.gboyes.co.uk

# **TYRES • BATTERIES • EXHAUSTS**

Garage Opening Times: Mon-Fri: 8am-5pm Saturday: 8am-12 noon



### FULL RANGE OF DIAGNOSTIC CAPABILITIES 4 X 4 SPECIALISTS • WHEEL ALIGNMENT

Friendly Service From Local People 🗰

# The Shop

Have you visited our shop recently? New items are being added to our stock all the time.

The Shop Opening Times: Mon-Fri: 7am-7pm Saturday: 7:30am-5pm Sunday: 9am-1pm



Monday			Contact:		
Evening Craft	7-9pm	8th & 22nd July	Becky 421823/		
		5 <sup>Th</sup> & 19 <sup>th</sup> July	07876 788266		
<u>Tuesday</u>					
WI	7pm	2 <sup>nd</sup> July - Roots Rum	Hazel 420470		
		Distillery at Boynton			
		6th August - Trip out to			
		Burnby Hall Gardens			
Youth Club	6.30-8.0	00pm 9 <sup>th</sup> July	Fiona 07762 901193		
		13th August			
Wednesday					
Yoga	6.30-8.0	00pm	Rebecca Thompson		
			Rebecca@core-yoga.co.ul		
Thursday					
Coffee Shop	10-12nd		Michelle 420656		
Village Hall Bing	o 7pm sta	art 4 <sup>th</sup> July & 1 <sup>st</sup> August			

Articles and letters should be emailed to: rudstonnewsletter@outlook.com, or can be left at the Bosville Arms in an envelope addressed to "Rudston Newsletter".

Contributors, please note that the deadline for articles, letters and notices for the next issue (September) is Saturday 17<sup>th</sup> August 2024. Any received after this time may be omitted but included in the next issues, if appropriate. The above does not apply to bereavement notices and messages, which will be included if at all possible.

Telephone numbers, postal and email addresses in the Rudston Newsletter, are in the public domain. The publication may be read by people from outside the village, either in paper form, or viewed on the website.